ZEA

The Grain of Life

In ancient Greek ZEA refers to the grain of life a sacred wheat cultivated for centuries across the Mediterranean More than a crop it became a symbol of abundance nourishment and renewal deeply rooted in the rituals and daily life of early civilizations

In Greek mythology the wheat stem is celebrated as a divine gift from Demeter goddess of the harvest and protector of the natural cycle It represents the eternal bond between the Earth and its people a connection of care gratitude and continuity By carrying this name ZEA embraces a heritage of vitality and prosperity It stands as a reminder of origins of growth and of the timeless ritual of gathering together to share food music and celebration

A name born from the earth brought to life in a modern experience

COLD STARTERS

ZEA GUACAMOLE (V) – 105 AED
Smashed Avocado, Cilantro, Lime, Jalapenos, Crispy Plantain

HAMACHI TIRADITO (SF,SO) – 130 AED
Aji Amarillo Ponzu, Scallions, Truffles

TUNA & AVOCADO TARTAR (SF) – 95 AED
Citrus, Olive Oil, Chilli, Herbs

COLD BRAISED OCTOPUS (SF,SO) – 120 AED
Diced Avocado, Pickled red Onions, Lemon

WAGYU BEEF CARPACCIO (D) – 115 AED
Wagyu Beef, Truffle Dressing, Rocca, Parmesan, Chives

KAVIARI KRISTAL 30G (SF) – 650 AED
Blinis, Crème Fraiche And Condiments

Oysters

MARKET SELECTION | HALF DOZEN | DOZEN
Freshly Shucked Premium Oysters, Elegantly Served With Lemon And Classic Mignonette

Please Ask Your Server For Today's Varieties And Market Pricing

SALADS

CRISPY KALE QUINOA PEAR SALAD (SO,D,SE,V,N) – 95 AED
Walnuts, Pickled Onions, Parmesan, Pear & Soya Dressing

BEETROOT ARTICHOKE SALAD (D,V,G) – 85 AED
Feta Cheese, Mixed Leaves, Pomegranate, Cucumber, Orange & Ginger Dressing

BURRATA & HERITAGE TOMATO (D,V,N) – 125 AED
Mixed Tomatoes, Celery, Basil, Pine Nuts

(D) DAIRY - (F) FISH - (G) GLUTEN - (N) NUTS - (SF) SEAFOOD - (SE) SESAME - (SO) SOY - (SH) SHELLFISH - (V) VEGETARIAN

ALL PRICES ARE SUBJECT TO 7% MUNICIPALITY FEES AND 5% VAT

HOT STARTERS

CRISPY CALAMARI (SF,G) – 85 AED
Patagonian Squid, Spicy Yuzu Mayo, Jalapenos

CHICKEN ANTIQUCHOS (D) – 85 AED
Chicken Thigh, Achiote Paste, Salsa Verde, Pickles, Herb Salad

GRATINATED SCALLOPS (SF,D,G,N) – 165 AED
Confit Leeks, Romesco, Parmesan, Chives

TRUFFLE ARANCINI (D,V,G) – 70 AED
Carnaroli Rice, Mixed Wild Mushroom, Parmesan, Fresh Truffles

FROM THE GRILL

BABY CHICKEN (SF,D) – 195 AED
Peruvian Chilli, Grilled Broccolini, Warm Potato Salad, Chives

BEEF TENDERLOIN (D) – 350 AED
Australian Wagyu, Onion Fondant, Crispy Garlic, Salsa Verde

LAMB CHOPS (D,N) – 330 AED
Australian Lamb Chops, Romesco Jam, Lamb Jus

GRILLED OCTOPUS (SF,N) – 195 AED
Octopus, Potatoes, Red Pepper Coulis

(D) DAIRY - (F) FISH - (G) GLUTEN - (N) NUTS - (SF) SEAFOOD - (SE) SESAME - (SO) SOY - (SH) SHELLFISH - (V) VEGETARIAN

ALL PRICES ARE SUBJECT TO 7% MUNICIPALITY FEES AND 5% VAT

SIGNATURE MAINS

BLACK COD (S,D,SF) – 270 AED
Onion Pearls, Charred Leeks, Chipotle Ginger Sauce

CAVIAR PACCHERI (G,D,SF) – 175 AED
Cream, Paccherri Pasta, Mascarpone, Chives, Caviar

AROZ CON CAMARONES (SF,G) – 170 AED
Bomba Rice, Shrimps, Lemon, Peruvian Shrimp Bisque

ASPARAGUS RISOTTO (G,D,N,V) – 140 AED
Carnaroli Rice, Asparagus, Basil Pesto, Parmesan

TRUFFLE PACCHERI (G,D,V) – 165 AED
Truffle Cream, Paccherri Pasta, Mascarpone, Chives, Truffles

CAULIFLOWER (N) – 110 AED
Grilled Cauliflower, Peanut and Coconut sauce, Fresh Truffle, Date Chutney, Pickles

SHARING SIGNATURE MAINS

WAGYU TOMAHAWK (D) – 1295 AED
Charcoal-Grilled Wagyu, Aji Panca Marinade, Chimichurri, Roasted Bone Marrow Jus

DOVER SOLE (SF,D,G) – 495 AED
Grilled Over Open Flame, Citrus-Olive Oil Dressing, Capers, Oregano, Fresh Herbs

LOBSTER (SF,D) – 550 AED
Grilled Over Open Flame, Garlic Butter, Lemon, Fresh Herbs

(D) DAIRY - (F) FISH - (G) GLUTEN - (N) NUTS - (SF) SEAFOOD - (SE) SESAME - (SO) SOY - (SH) SHELLFISH - (V) VEGETARIAN

ALL PRICES ARE SUBJECT TO 7% MUNICIPALITY FEES AND 5% VAT

SIDES

GRILLED BROCCOLINI (V) – 50 AED

CRISPY BRUSSELS SPROUTS (V) – 55 AED

FRENCH FRIES (V) – 65 AED
add Truffle & Parmesan (D,V) – 90 AED

DESSERT

PAVLOVA (D) – 75 AED
Raspberry Sorbet, Mascarpone Cream, Meringue, Fresh Fruits

CHOCOLATE FONDANT (G,D) – 95 AED
Vanilla Ice Cream, Kumquat, Chocolate Ganache

LEMON & YUZU SORBET (V) – 55 AED
3 Scoops Homemade Lemon & Yuzu Sorbet

FRESH FRUIT PLATTER (V) – 90 AED
Fresh Fruit Selection Of The Day

(D) DAIRY - (F) FISH - (G) GLUTEN - (N) NUTS - (SF) SEAFOOD - (SE) SESAME - (SO) SOY - (SH) SHELLFISH - (V) VEGETARIAN

ALL PRICES ARE SUBJECT TO 7% MUNICIPALITY FEES AND 5% VAT