ZEA

The Grain of Life

In ancient Greek ZEA refers to the grain of life a sacred wheat cultivated for centuries across the Mediterranean More than a crop it became a symbol of abundance nourishment and renewal deeply rooted in the rituals and daily life of early civilizations

In Greek mythology the wheat stem is celebrated as a divine gift from Demeter goddess of the harvest and protector of the natural cycle It represents the eternal bond between the Earth and its people a connection of care gratitude and continuity By carrying this name ZEA embraces a heritage of vitality and prosperity It stands as a reminder of origins of growth and of the timeless ritual of gathering together to share food music and celebration

A name born from the earth brought to life in a modern experience

LIGHT BITES & SALADS

ZEA GUACAMOLE (V) – 95 AED
Lime, Coriander, Jalapenos, Olive Oil, Tortilla Chips

HAMACHI TIRADITO (SF,SO) – 130 AED
Aji Amarillo Ponzu, Scallions, Truffles

EDAMAME (V) – 55/60 AED
Sea Salt/ Aji Panca Glaze

CRISPY CALAMARI (SF,SO) – 85 AED
Baby Squid, Smoked Paprika & Lemon Aioli

CROQUETAS DE POLLO (D,G) – 65 AED
Chicken Croquettes, Aji Amarillo Mayo, Mornay Sauce

CRISPY SHITAKE SALAD (D,G,V) – 75 AED
Baby Leaves, Shitake Mushroom, Sesame Citrus Dressing

CRISPY KALE QUINOA PEAR SALAD (D,N,S,V) – 85 AED
Walnuts, Pickled Onions, Parmesan, Pear & Soya Dressing

GRILLED CHICKEN SALAD (D,G) – 99 AED
Avocado, Baby Gem, Soft Boil Eggs, Parmesan Dressing, Lemon, Focaccia

ARTISAN SANDWICHES

AVOCADO TARTINE (D,V,G) – 75 AED
Hass Avocado, Poached Egg, Feta Cheese, Pomegranate, Chilli, Focaccia Bread

WAGYU BEEF SLIDER (D,G) – 95 AED
Mini Wagyu Sliders, Manchego Cheese, House Sauce, Lettuce, Pickles, Fries

CHICKEN SLIDER (D,G) – 85 AED
Brioche Bun, Grilled Chicken Tight, Rocotto Mayo, Pickled Slaw, Fries

QUINOA & BLACK BEAN SLIDER (D,V,N) – 70 AED
Brioche Bun, Tahini Yoghurt, Aji Verde, Lettuce, Tomato, Fries

(D) DAIRY - (F) FISH - (G) GLUTEN - (N) NUTS - (SF) SEAFOOD - (SE) SESAME - (SO) SOY - (SH) SHELLFISH - (V) VEGETARIAN

ALL PRICES ARE SUBJECT TO 7% MUNICIPALITY FEES AND 5% VAT

SIGNATURE & MAINS

LOMO SALTADO (G) – 165 AED
Beef Tenderloin, Aji Amarilo, Soy, Crispy Potatoes, Cilantro

SALMON POKE BOWL (SF,G) – 120 AED
Citrus Rice, Avocado, Edamame, Pineapple, Sweet Chilli Ponzu

SPAGHETTI DE GAMBAS (SF,G) – 160 AED
Chilli, Garlic Prawns, Olive Oil, Kalamata Olives, Fresh Herbs, Lemon

ROASTED SALMON (SF,G,N) – 195 AED
Aji Amarillo Butter Sauce, Fennel Salad, Oranges, Feta Cheese

MUSHROOM RISOTTO (D,G,V) – 110 AED
Wild Mushroom, Aged Parmesan, Truffle Oil

MISO EGGPLANT (V,G) – 75 AED
Miso Aji Glazed Eggplant, Sesame, Crispy Shallots, Chives

FROM THE GRILL

9+ WAGYU STEAK AND FRIES (G) – 399 AED
Peruvian Chilli, Grilled Broccolini, Warm Potato Salad, Chives

BABY CHICKEN (D,G) – 195 AED
Peruvian Chilli, Grilled Broccolini, Warm Potato Salad, Chives

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SIDES

GRILLED BROCCOLINI (V) – 55 AED

CRISPY BRUSSELS SPROUTS (V) – 55 AED

FRENCH FRIES (V) – 65 AED
add Truffle & Parmesan (D,V) – 95 AED

DESSERT & SWEETS

VEGAN CHIA DELIGHT (D) – 55 AED
Coconut Chia, Mango And Passion Fruit

MACHA TIRAMISU (G,D,N) – 45 AED
Mascarpone Cream, Savoyard Biscuit, Pistachio Crumble

ACAI BOWL (V,N) – 55 AED
100% Acai Puree, Strawberry, Blueberry, Coconut Chips, Peanut Butter, Flax Seeds

LEMON & YUZU SORBET (V) – 55 AED
3 Scoops Homemade Lemon And Yuzu Sorbet

FRESH FRUIT PLATTER (V) – 105 AED
Fresh Fruit Selection Of The Day

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